



Lansdowne Middle School  
**This Week @ Lansdowne**  
 Week of March 9 to 13, 2026

## Time Colonist 10 Km Run Group

### Time Colonist 10 Km Run Group - Team Registration Deadline Soon!

As part of our continued efforts to promote fitness and a healthy lifestyle, a number of staff at Lansdowne are continuing to lead a Run Club with the goal race being the TC 10km. Training takes place after school on Tuesdays, leaving from the South campus (open to students in grades 6-8). We return to the South Campus by 4pm.

While students are in no way obligated to participate in the event itself, note that Lansdowne Middle School has a team registered for the **Times Colonist 10K** taking place on **Sunday April 26th, 2026**. Please note that the deadline to register for our school team is **Monday March 30th** at 11am. All students and staff are welcome to sign up! The link to register is here (<http://raceroster.com/events/2026/104489/37th-annual-tc10k-powered-by-runsport/register?team=885940>).



### UPCOMING DATES

#### March 13

- Last Day of School
- Report Cards in Parent Connect

#### March 30

- Back to School
- First White Spot Hot Lunch

#### March 31

- Class Photo Day (South)
- No Teriyaki Bowl Hot Lunch

#### April 1

- Class Photo Day (North)
- First Pizza Hot Lunch

#### April 2

- First Subway Hot Lunch

#### April 3

- Good Friday (No School)

#### April 6

- Easter Monday (No School)

#### April 7

- First Teriyaki Bowl Hot Lunch

#### April 10

- First Sushi Day

#### April 13

- LMPA Meeting 7pm

### LOST AND FOUND ITEMS

This is a reminder that our **Lost and Found** box is overflowing with assorted items. Please have your student check if you think there may be an item you are missing. We will donate any unclaimed items.



### DAYLIGHT SAVINGS BEGINS

Remember to turn your clocks forward on Sunday, March 8<sup>th</sup>!



## **COURSE SELECTION FORMS**

A reminder that  
Grade 9 Course selection forms  
are due in the office now.  
Please bring them in **as soon as possible.**



## **TERIYAKI BOWL LUNCHES**

**Due to an error in counting the weeks, the first Teriyaki Bowl Hot Lunch will be Tuesday, April 7.**

**This means that the 8 weeks of Teriyaki Bowl lunches will run:**

**April 7, 14, 21, 28**

**May 5, 12, 19, 26**



**There will be no Teriyaki Bowl on Tuesday, March 31.**

**We apologize for this error.**

# Keep Lansdowne safe for students



## Ask Saanich Council to make Lansdowne Road safer

- **Traffic calming**
- **Slower speeds**
- **More sidewalk space**
- **Crosswalks**

<https://lansdownepac.tiiny.site>