



Lansdowne Middle School

This Week @ Lansdowne

Week of February 24 to 28, 2025

HOT LUNCH ORDERS

The final round of Lansdowne Lunches are now available online! Click this link <https://sd61.schoolcashonline.com/> to register online, see your choices and order. Please order by **Wednesday, February 26th**. **We are unable to accept orders after the February 26 deadline.** If you are unable to order online, please have your student pop into the office for a paper form.

Please note: If a student is absent on a Lunch Day, or does not pick up their Lunch, they will not receive a refund for that day.

Please let us know if your student has any food allergies!



GRADE 8 COURSE SELECTION

Oak Bay, Reynolds, and Vic High will be visiting our grade 8 students for course selection on Tuesday, March 4.



UPCOMING DATES

February 26

- Deadline to Order Hot Lunches
- Pink Shirt Day
- PAC Meeting 6pm, North Campus

March 3

- LMPA Meeting 7pm

March 3-7

- Last Week of Hot Lunches (Except for Edo)

March 4

- Grade 8 High School Visits

March 6

- Sounds of Spring Concert, 7pm

March 11

- Last Edo Hot Lunch

March 14

- Last Day of School Before Spring Break
- Report Cards in Parent Connect

March 31

- Back to School
- First Day of Hot Lunches

April 3

- Class Photo Day

April 7

- LMPA Meeting 7pm

PINK SHIRT DAY

February 26, 2025



While Pink Shirt Day highlights the significance of standing up against bullying its message extends beyond a single day, we should strive to embody kindness every day of the year. By nurturing a culture of kindness year-round, we create safer, more supportive communities where everyone feels valued and accepted. Thus, let Pink Shirt Day serve as a catalyst for a ongoing commitment to kindness, reminding us tht our actions can make a difference every day!



Plus gifts from so many more businesses: 5th Street Bar and Grill, Art Gallery of Greater Victoria, Board Game Cafe, Bolen Books, Booster Juice, BoulderHouse Climbing, Charelli's Cheese Shop & Delicatessen, Cosmetica, Cycle BC, Dear Lucy Skincare, Demi Tasse Cafe & Garden Centre, Doc Braces, Dr. Carol Ng Skin Care Clinic, Eagle Wing Tours, Echelon Wealth Partners, Front Runners, Frys Bakery, The Pet Store (Oak Bay), The Village Restaurant, Thrifty Foods Hillside, Tim Horton's Hillside, Vista Eyecare, Warm Gift Shop, Zambri's Italian Restaurant, Bobbi's Sweet Treats, La Roux, The Butchart Gardens, Buttons N' Bows Haberdashery, Costa Verde Landscaping, Empire Donuts, Fairway Market (Quadra), Fernwood Coffee, Flying Squirrel, Hillside Shopping Centre, Lifestyle Markets, Long and McQuade, Market on Yates, Munro's Books, North Park Bike Shop, Oak Bay Pharmasave, OEB Breakfast Co, One Yoga, Pagliacci's, Pizzeria Prima Strada, Quazar's Arcade, Red Barn Market, Royal Theatre, Saanich Recreation, Save on Foods, South Island SUP, SPINCO, Tapestry Music Ltd., Canadian Brewhouse & Grill, Fairway Market (Quadra), Fernwood Inn, Four Quarters Meat Shop, Heron Rock, Holiday Inn Vancouver, Il Terazzo, Little June, Market Garden, Meet Restaurant, Oak Bay Flower Shop, Purdys Chocolatier, Ritual Nordic Spa, Sherwin Williams, Starbucks (Hillside), The Old Farm Market, Urban Grocer, VI Plant Shop - and **many yummy dessert and gift card donations from:** Country Grocer, 49 Below Ice Cream, Bon Macaron Patisserie, Cakes Etc, Darling Cake Co, Empire Donuts, Cobs Bread (Oak Bay), Thrifty Foods, Pederson's Event Rentals, and La Roux

HEAD LICE AWARENESS

Head lice are common in BC communities. Although they are a bother, **head lice are not a health risk.**

Head lice spread quickly by close, head-to-head contact. Lice cannot live on furniture or carpet, and they cannot jump or fly. There may be few or no symptoms, but itching may occur.

You can help by:

- ♦ **Checking your child's head with the wet** combing method of detection once a week throughout the year.
 - ♦ Review the pamphlet *How to Get Ride of Head Lice Wet Combing*, available online, at your school and [Public Health Unit](#).
- ♦ Encouraging your child to wear their hair tied back.
- ♦ **Treating if you notice live lice on your child's head.**
- ♦ Reminding family and friends about the importance of routine head checks, using the wet combing method.

For more information:

- ♦ Your local [Public Health Unit](#)
- ♦ Read the HealthLink BC File on Head Lice [HealthLink BC File #06 Head Lice](#)

Hello Lansdowne Community,

Grade 8 students at Lansdowne Middle school are fundraising for their end of year field trip to Camp Capernwray and are excited to be offering this unique opportunity for anyone considering planting a vegetable or flower garden (large or small!). We are partnering with Make It Sow! an Ontario based organization that uses high-quality seeds and stands behind its products with 100% guaranteed satisfaction. They do not supply GMO seeds and only use germination-tested sources ideal for Canadian climates.

The fundraiser will run from **February 5th until March 3rd**, and you can order directly from Make it Sow using the group code **LMS_2025** at the following link:

<https://makeitsow.com/shop/#code-submission>

After March 3rd, Make it Sow! will send all orders to the school, where they can be picked up the week before Spring break.

As a bonus, The Make It Sow! program will also plant one tree on our behalf for every ten packages we sell; if we sell 200 packages, they will plant 20 trees.

Thank you for your support and Happy Growing, Ian Lindseth

C \$12.00 (\$2.00 a pack/ 2,00 \$ le paquet)

- Includes 6 Retail Packets
- Contient 6 Paquets Individuels

Perennial Garden Plot includes:
Black Eyed Susan, Shasta Daisy, Foxglove, Purple Coneflower, Double Mix Sweet William, Lupin

Jardin de Vivaces inclut:
Rudbeckia, Marguerite Shasta, Digitale Excelsior, Echinacea Purpurea, Oeillet de poète double mix, Lupin Russel's Mix

D \$12.00 (\$2.00 a pack/ 2,00 \$ le paquet)

- Includes 6 Retail Packets
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Kid's Garden Plot includes:
Mixed Sunflowers, Baby Finger Carrot, Grand Rapids Lettuce, Polka Dot Mix Bachelor Buttons, Little Marvel Peas, Colorado Blue Spruce

Jardin pour les Enfants inclut:
Tournesols mélangés, Carotte Baby Finger, Laitue Grand Rapids, Centaurée Polka Dot Mix, Pois Little marvel, Semence d'arbre Épinette, Bleue du Colorado

G \$18.00 (\$2.00 a pack/ 2,00 \$ le paquet)

- Includes 9 Retail Packets
- Contient 9 Paquets Individuels

Chef's Herb Garden Plot includes:
Sage, Thyme, Chives, Cilantro/ Coriander, Dill, Sweet Basil, Genovese Basil, Curled Parsley, Summer Savory

Jardin Les Herbes du Chef inclut:
Sauge, Thym, Ciboulette, Coriandre, Aneth, Basilic Sucré, Basilic Genovese, Persil Frisé, Sarriette d'Été

H \$20.00 (\$2.00 a pack/ 2,00 \$ le paquet)

- Includes 10 Retail Packets
- Contient 10 Paquets Individuels

Gourmet Salad Plot includes:
Tomato, Cherry Belle Radish, Snow Pea, Grand Rapids Lettuce, Prizehead Lettuce, Cos Lettuce, Chantenay Carrot, Improved Long Green Cucumber, Radicchio, Nasturtium

Jardin Salade du Gourmet inclut:
Tomate, Radis Cherry Belle, Pois Mange Tout, Laitue Grand Rapids, Laitue Prizehead, Laitue Cos, Carotte Chantenay, Concombre Improved Long Green, Radicchio Verona Red, Capucine Dwarf Jewel Mix

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Butterfly and Bird Gardens includes:
Sensation Mixed Cosmos, Choice Mix Aster, Double Mixed Calendula, Royal Family Mixed Sweet Pea, Dwarf French Mixed Marigold, Drummond Mix Phlox

Jardin pour Oiseaux et Papillons inclut:
Cosmos Sensation Mix, Aster Choice Mix, Calendula Pacific Beauty, Pois de Senteur Royal Family Mix, Tagète Dwarf French Mix, Phlox Drummond Mix

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Garden Vegetable Plot includes:
Tendergreen Bean, Pencil Pod Yellow Bean, Detroit Dark Red Beet, Nantes Carrot, Cherry Belle Radish, Straight Eight Cucumber, Peaches & Cream Corn, Dark Green Zucchini, Tomato, Pea Lincoln

Jardin Potager inclut:
Haricot Tendergreen, Haricot Pencil Pod Black Wax (Jaune), Betterave Detroit Dark Red, Carotte Nantes, Radis Cherry Belle, Concombre St. Eight, Maïs Peaches and Cream, Courgette Dark Green, Tomate, Pois Lincoln

I \$12.00 (\$2.00 a pack/ 2,00 \$ le paquet)

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Fall Harvest Garden Plot includes:
Spaghetti Squash, Mixed Sunflower, Jack O'Lantern Pumpkin, Acorn Squash, Butternut Squash, Mixed Gourds

Jardin Récolte d'Automne inclut:
Courge Spaghetti, Tournesol Colour Fashion Mix, Citrouille Jack O'Lantern, Courge Acorn, Courge Butternut, Courge Variées

J \$10.00 (\$2.00 a pack/ 2,00 \$ le paquet)

- Includes 5 Retail Packets
- Contient 5 Paquets Individuels

Strange and Fun Garden Plot includes:
Mortgage Lifter Tomato, Royal Burgundy Bean, Giant Pumpkin, Rainbow Blend Carrot, Sunflower Blend

Jardin Étrange et Amusant inclut:
Tomate Mortgage Lifter, Haricot Royal Burgundy Bean, Citrouille Big Max, Carotte Rainbow Blend, Tournesol Colour Fashion

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