



Lansdowne Middle School
This Week @ Lansdowne
 Week of May 27 to 31, 2024

CURRICULUM COMPLETION AFTERNOON
FRIDAY, JUNE 7

Lansdowne’s last Curriculum Completion session of the school year will run at both Campuses from 11:40 a.m. to 2:50 p.m. on:

Friday, June 7

Please mark this date on your calendar. A letter will be sent home with each student in advance of the curriculum completion session. Advisory teachers sent home a letter on Friday, May 31st informing families whether a child is required or not required to attend the CC session. Should this requirement change prior to June 7th, you will receive a phone call from your child’s advisory teacher.

On these CC afternoons, all students are expected to come to school in the morning as usual. Beginning at 11:40 a.m., students required to attend will be organized into various locations to complete overdue or unsatisfactory assignments under the supervision of teachers and educational assistants. Students who are not required to stay for the CC session will be dismissed at 11:40 a.m. unless we hear from you that you would like your child to stay at school even though current requirements are being met.

In that case, your child will be provided with a quiet and supervised location to read and/or work quietly. More detailed information will be provided in the letter sent home in advance of each CC session.



UPCOMING DATES

May 30

- Grade 6 Immunization Session (South Campus)

May 31

- Grade 8 Survivor

June 3

- LMPA Meeting 7pm

June 7

- CC Afternoon starting at 11:40am. Both campuses
- All Library Books Due Back (Both campuses)

June 10 to 14

- Last Week of Hot Lunches

June 12 and 13

- Jubilation in June Concerts, 7pm

June 13

- All Textbooks Due Back

June 14

- Letter Home Regarding Overdue Books

The Summer Swim ‘n’ Skate Pass for Children & Youth is Back!

Our popular pay-one-price Summer Swim ‘n’ Skate Pass provides one child/ youth unlimited access to select public swim and skate sessions all summer long, for just \$35 (plus GST). Valid June 1 through September 1, 2024, for ages 5 to 18 years. Keep your kids active and having fun this summer at your Saanich recreation centres!



Grade 6 Immunizations:



Public Health Nurses will be back in Lansdowne Middle School on May 30, 2024 to complete the grade 6 immunization program that started in fall of 2023. Immunizations will begin in the morning and have potential to carry on after lunch time.

Students in grade 6 will not be immunized without the consent of their parent/guardian/representative. Immunizations against Covid 19 and Influenza will not be provided.

If you have any questions please Contact the local Health Unit at 250-388-2200 or visit www.immunizebc.ca

Parent volunteers – we are looking for four people to help out with the clinic, distributing cookies and juice boxes, monitoring students for a few minutes after their immunization, etc. If you are available to help out Thursday, May 30 in the morning, please contact Susan Beckett at sbeckett@sd61.bc.ca or (250) 592-2170.



SOULS for SOLES CHALLENGE



JUNE 2024

200K

FREE individual & team registration



WALK

Raise funds for new shoes for kids returning to school.

RUN

HIKE



Register today and help provide back-to-school runners for kids.

mustardseed.ca



Supporting Your Family After a Mental Health Crisis

“Really filled the gap where it was most needed by way of information and moral support. I feel this workshop nailed the exact questions and concerns I as a parent was having.”

TOPICS INCLUDE:

- How to support a safety plan at home
- How to take care of yourself and family after a crisis
- How to find the resources you need

THE WORKSHOP IS OFFERED THREE TIMES EACH MONTH FOR B.C. FAMILIES:

- Wednesdays: 5:30pm - 7:30pm (2 weeks)
- Tuesdays and Wednesdays: 12pm - 1pm (2 weeks)
- Thursdays 6pm - 8pm (2 weeks)

The workshop is free and offered online. Registration required.



Foundation

familysmart.ca/workshops



'intheknow'

Connect and Learn

For families and caring adults who
are parenting a child or youth with
mental health and/or substance
use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'.
WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT
HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR
UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Self Harm: There is Always Help, There is Always Hope

Learning your child is self harming can be scary and overwhelming. Self-injury takes many forms and the reason why someone self harms is complex. In this video hear from a young person with lived experience and a health care professional as they discuss what self-harm is, why youth self-injure, and other options for healthy coping strategies.

Come together with other families to watch this video presentation followed by a facilitated discussion by a FamilySmart Parent Peer Support Worker

Cost: Free of Charge

Date(s):

Tuesday, June 4, 2024, 6:00pm (PST)

Thursday, June 6, 2024, 6:30pm (PST)

Tuesday, June 11, 2024, 6:30pm (PST)

Wednesday, June 12, 2024, 12:00pm (PST)

Wednesday, June 19, 2024, 6:00pm (PST)



Registration required:

www.familysmart.ca/events

