

#### **Lansdowne Middle School**

#### This Week @ Lansdowne

Week of January 22 to 26, 2024







Is a west coast whale watching adventure on your bucket list?

Eagle Wing Tours

How about hosting a fabulous pasta party for 20 of your closest friends?

Canadian Brewhouse

Are you dreaming of a luxurious spa experience? Nordic Spa

These are just a few\* of the AMAZING items we have received so far for our

#### **Musical Desserts Silent Auction**

The <u>ONLY</u> way to bid on these fabulous items is to attend Musical Desserts on <u>Friday, February 16, 2024</u> at the Dave Dunnet Theatre (Oak Bay High)

#### A HUGE thank you to ALL of our generous donors for supporting the music program at Lansdowne:

Dear Lucy Skincare, Munro's Books, Bolen Books, Habit Coffee, Save-On-Foods (Fort Street), Thrifty Foods (Hillside), Pagliacci's, 5th St Bar and Grill, Saanich Recreation, Oak Bay Pharmasave, Old Farm Market, Flying Squirrel, Fernwood Coffee, Royal Theatre, 10 Acres, Haunted Manor Mini Golf + Ping Pong Lounge, Vista Eyecare, North Park Bike Shop, Red Barn Market, Tapestry Music, Butchart Gardens, Oak Bay Recreation, Quazar's Arcade, Sherwin Williams, Moxie's, Heron Rock Bistro, Bear and Joey, One Yoga, The Village Restaurant, Frontrunners, Lifestyle Markets, Prima Strada, Board Game Cafe, Long & McQuade, Magnolia Hotel and Spa, Crust Bakery, Tim Hortons Hillside

\*Items for auction are being added daily! Stay tuned for more details next week.

#### UPCOMING DATES

#### January 24

PAC Meeting 6pm South campus

#### January 26

· Pro D Day (No School)

#### January 29 to February 2

· Grade 6 Late French Immersion Registration

#### February 5

· LMPA Meeting 7pm

#### February 12 to 16

District Transfer Process

#### February 16

· Pro D Day (No School)

#### February 19

· Family Day (No School)

#### February 22

· CC Afternoon (No Subway)

Calling all Lansdowne families!! PLEASE let us know if your business can provide a donation (goods or services) for the **Musical Desserts**Silent Auction. All proceeds from the silent auction will go to support our phenomenal music program at Lansdowne!

Please contact Carlene Meilleur (cmeilleur@yahoo.com) to donate.



# Oak Bay High PAC Presents GANG EDUCATION & TRENDS SEMINAR Thursday, January 25 7 to 9pm

Please see the poster on the next page for registration information.

**OAK BAY HIGH SCHOOL PARENT ADVISORY COMMITTEE PRESENTS** 

# GANG EDUCATION & TRENDS SEMINAR





THURSDAY JANUARY 25, 2024

7:00-9:00 PM

DAVE DUNNET THEATRE (OAK BAY HIGH SCHOOL) PARKING IS LIMITED FREE- REGISTRATION REQUIRED



## AN OPPORTUNITY FOR ADULTS AND YOUTH TO BETTER UNDERSTAND GANG TRENDS IN OUR COMMUNITY

- Understand current and local gang-related activity
- · Identify early risk factors
- Awareness and education on social media/substance use trends
- Importance of accessing community-based supports
- Parent Resources and Guides
- Live Q&A (time permitting)
- Prize Draw Free one-time use Oak Bay Parks, Recreation and Culture drop-in pass.

Oak Bay High School Parent Advisory Committee in collaboration with Oak Bay, Victoria, Saanich and Central Saanich Police Departments and partnership with Oak Bay Parks, Recreation and Culture.











### You're Invited To ...

# BLACK

We welcome you to the Annual Celebration of Excellence and Achievement for Students of African Descent.

This free event held in early May will honour and celebrate students of African descent who will be advancing from elementary school, middle school, high school, or post-secondary in 2024!

## WE LOOK FORWARD TO SEEING YOU THERE!

For more information and/or to participate as an honoree, please scan this QR code to complete the form and return it by Friday, January 26th by 6pm. Please fill out one form per each student. Attendees will receive further details by February 12, 2024. We can also be contacted at:

BlackGradBC@gmail.com





## Mindfulness for Teens

@ Oaklands Neighbourhood House



Learn practical tools and exercises through a mindfulness practice to help with staying calm, being in the present, and boosting focus

Sundays 3:30 - 5:30pm 6 weeks
\_\_\_\_\_ starting Jan 21 \_\_\_\_\_

Contact: 250 370-9101 or programs@oaklandsca.com for more information